

Title: Eat Clean with Superfoods (The Australian Women's Weekly)

BookID: 2017-1

ISBN-10(13): 9780753730775

Publisher: Bounty

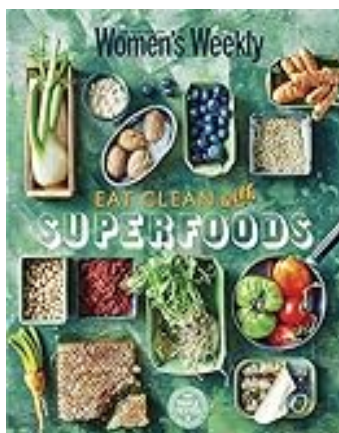
Number of pages: 240

Language: English

Price: 6.99 GBP

Rating: ★★★★★

Picture:



Description:

Product Description

Now in high demand and on trend, super foods are key ingredients to every kitchen, but most importantly, they're proven to make you feel great from the inside out. Without compromising on exceptional flavour, this collection of recipes provides dishes of outstanding nutritional benefit and stunning visual appeal. Recipes include: Coconut & mango breakfast bowl, Roasted sumac chicken, Red fruit salad, Apple pie pancakes and so much more. For anyone looking to make healthy but delicious food choices, Eat Clean with Superfoods is the perfect companion for any cook. This paperback book has 240 pages and measures: 29 x 23.5 x 2cm.